



Muriel having a break on her stroll around town

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Mary F loving the summer hat...she didn't want to take it off!

Administrator's Message

Happy Canada Day!

Did you know Canada has the largest coastline in the world? We also have the largest Moose population in the world!

Here are a few things we have been working on in the home this past while:

We have provided education on all 29 *Resident's Bill of Rights* to staff to ensure that residents are treated with respect and dignity and that residents feel safe and comfortable in their home.

We have invited Nancy Good Kennedy from *North Simcoe Palliative Care Network* into the home to educate our staff on supporting families through the Palliative Care process.

We also strive to increase our communication to our families about the care your loved ones receive and notifying you if there are any changes in your loved one's condition.

Crystal Chittenden-RN
Administrator/ Director of Care



Stayner Care Centre News

New Build Update

Our new home is slowly coming along with 40% of the building completed! The roof is underway with 85% of it being watertight. The builders have said a possible move in date might be in March 2025, however, this is not a guarantee.

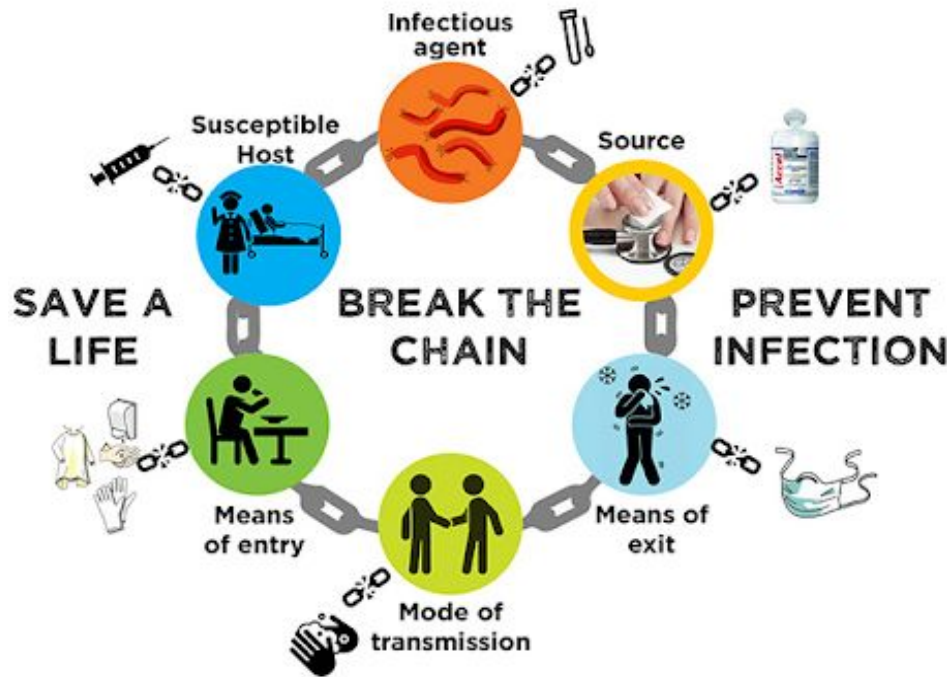
Stay tuned for more updates to come.

Here's a look of the inside of one of the halls.



Corridor 539

Stayner Care Centre News



The Chain of Infection shows how germs that cause respiratory illnesses can spread between people and make someone sick. To protect yourself and others, you can use personal protective measures such as washing your hands or wearing a mask. These measures break the chain of infection and stop the spread of germs.

Cherie Diaz-RPN

Co-Director of Care/Infection Prevention and Control Coordinator

Stayner Care Centre News

Currently, Stayner Care Centre does not have an active Family Council; we need your help to start one! Family Councils provide benefits to families, our residents and our staff such as:

- Orientation, support & information for families of new residents
- Ongoing mutual support - strength drawn from shared lived experiences
- Education & information related to the long-term care system
- A means to express concerns & problem solve
- Family input to aid problem-solving & find solutions
- Support on mutual concerns & goals
- Advocacy for Stayner Care Centre residents and,
- Two-way communication



Family Councils are completely family-led! Together we can improve the quality of life for your loved ones. If you are interested in being a part of developing a Council, please reach out to Emma Percy at ext 31 or via email at epercy@jarlette.com. You can also check out Family Councils Ontario's website for more information, <https://fco.ngo/>

Emma Percy-RSW

Resident and Family Service Coordinator

Nutritional News



PSW Caitlin and Mary F sharing a sweet moment at breakfast

Ensuring the safety and well-being of our residents during meals and snack times is of paramount importance. We will be training all our staff during the month of July on:

- Safe dining techniques, including proper positioning, use of adaptive equipment and communication strategies
- How to properly prepare thickened fluids

This will ensure a safe and positive dining experience for all!



Phyllis trying to beat the heat!

Social News

There are 183 days until Christmas comes around, but at Stayner Care Centre we will be celebrating the most wonderful time of the year a bit early with Christmas in July. Christmas in July originally started back in 1933 at a girl's camp called Keystone Camp in Brevard, North Carolina. Though not an official holiday, many celebrate this day yearly as a fun way to commemorate Christmas traditions partway to the official holiday. Stores usually offer Christmas items during this month to make room for new inventory, the Hallmark Channel offers feel good Christmas Movies and here at Stayner Care Centre, we will be celebrating with a variety of Christmas traditions. Check the monthly calendar to view our activities plan. Wishing everyone warm wishes this summer holiday season!

Betty Serino
Life Enrichment Coordinator



Social News

July Birthstone

• Ruby •



A **ruby** provides strength, vigor, and nobility, helping protect its wearer from the evils of the world. It signifies love and passion while attracting good luck.

July Birthdays

Canada - July 1
Catherine - July 4
Margaret - July 17

**Happy
Birthday,
ch!**



FACTS ABOUT CANADA

Canada is considered the most educated country in the world, with more than 50% of its population having a post-secondary education.



Remembering Friends



Helen B.

“There are some who bring a light so great to the world, that even after they have gone the light remains.”

-James Garrison

In *Loving*
MEMORY



Happy Laundry Workers Week (July 7-13!)

We are so appreciative of our Laundry team members who commit to ensuring all our laundry is always clean, folded and out in record timing. Thank you for everything you do!

Pictured above: Kathy has been working in the Laundry Department for 18 years. She started with the Bakers and continued working when Jarlette took over the home. She's a hard worker and always ensures everything is done right. Thank you for all your hard work and dedication!

Resident Council News

Resident Bill of Rights Reviewed: #8 - Share a Room - *“Every resident has the right to share a room with another resident according to their mutual wishes, if appropriate accommodations is available”* In other words, you have the right to share a room with another resident, as long as you both agree and there is space at the home.

Resident Bill of Rights Reviewed: #9 - Intimacy - *“Every resident has the right to meet privately with their spouse or another person in a room that assures privacy”* In other words, you have the right to be alone with your spouse or partner, or a person you want to be intimate with.

Next meeting will be held on Wednesday, July 17 @ 3:00pm.

Family Council News

Interested in being more involved in the home? Do you want to make changes to the home to benefit the residents? Come join the Family Council. Please contact *Emma Percy* our Resident and Family Service Coordinator at epercy@jarlette.com, if interested.

Upcoming Events



Pauline clapping along to Spoons performing at Music, Market & Park it.

Canada Day Party with the Paraguinns - July 1

Stayner's Canada Day Parade - July 1

Music, Market and Park it- Every Thursday

weather permitting

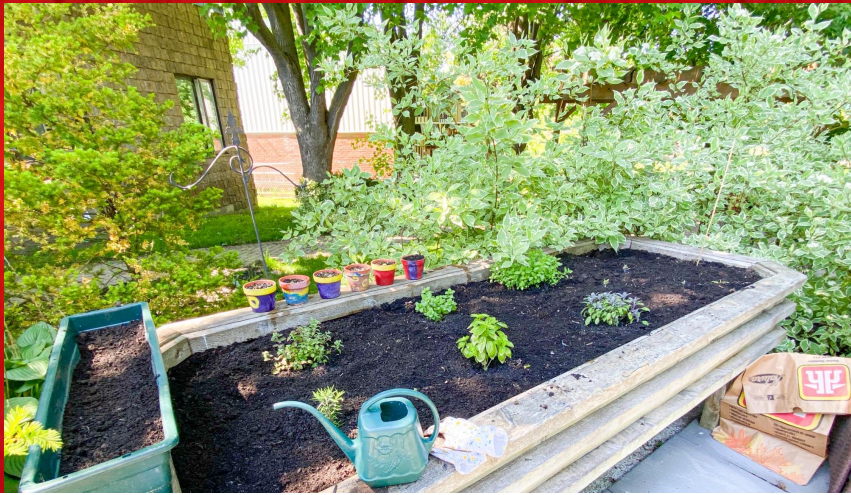
Music with Bob - July 30

Eden's Edge Outing - July 31

BBQs- Every Wednesday- *weather permitting*

Check your monthly calendar for more!

Good News Stories



It's never a "dill" moment at Stayner Care Centre. Lisa (Life Enrichment Aide) and the residents planted our garden this year which consists of a variety of herbs and vegetables. We cannot wait to see how they flourish!

Good News Stories



Melissa, Cherie, Emma, Betty and Crystal (Stayner's Management team members) helped clean up the front yard. A great thanks for all their hard work for keeping the front looking presentable.

Good News Stories



I scream, You scream, We All scream for Ice Cream...Much appreciation to Clearview Senior's Wish Association for treating us to ice cream from Jamie's Main and Local!

Good News Stories



Shirley, Jackie, Emily, and Sharon enjoying the live band at the Trail Tunes outing.

Director's Message

Dear Residents, Families and Friends,

It is crucial that we monitor and document all food related allergens accurately to keep our residents and team members safe. We at times have residents and team members with documented allergies that could result in health risks if exposure to the allergen occurs.

Health Canada requires all 'priority allergens' to be clearly labeled on food products. This includes peanuts, tree nuts, soy, wheat/gluten, egg, milk, seafood, sesame, sulfites and mustard. These will be often listed on the label as 'Contains' or 'May Contain' statements. 'May Contain' statements are required to identify that although the product does not necessarily contain a named allergen, it is manufactured in a factory where there is a risk of cross contamination in its products.

We do our best in each of our long-term care homes to prevent cross contamination, however we cannot guarantee an allergen free environment, including a 'nut free', 'gluten free' or other allergens. This is secondary to the following:

- We do use most priority allergens as ingredients.
- We have only one main kitchen.
- We cannot guarantee that ingredients do not come in contact with each other at some point during production.

Jarlette Health Services has a process in place to ensure allergens are managed within the food service process.

Identification of Risk:

- Dietitians and Culinary Managers complete nutrition assessment for all residents, including review of allergens, and interventions may be put in place as required to avoid these allergens.

Director's Message

Communication of Risk:

- Documentation of all allergens in Point Click Care (allergen section on main dashboard) and the Master Diet List (MDL) for Point of Service reference by nursing and dietary team members.
- Provide allergen risk information to all new residents for full transparency prior to admission.

Education:

- For all team members on allergens and where to locate required information (eMAR dashboard, Master Diet List on snack/beverage carts, serveries) completed during onboarding and as required.
- For Culinary Managers on food ordering (how to find ingredients and potential allergens and potential 'nut free' products).

Purchasing and menu modifications:

- With the exception of the use of peanut butter in our homes, we do not purchase products with nuts or peanuts added as an ingredient.
- Depending on the allergen and its severity, there may be an individualized menu.

Please ensure that you bring any known food related allergies to the attention of our nursing team members, culinary manager or registered dietitian.

Wishing you a safe, happy and fun summer! And happy Canada Day!

Kind regards, Jill Knowlton

Jarlette Health Services News

Summer has officially arrived! We hope our residents, their friends and family, and our team members, are able to enjoy their community's grounds and enjoy an active outdoor lifestyle. And Happy Canada Day!

July is a month during which we celebrate our laundry team members for their hard work caring for our residents' clothing and bedroom linens. Thank you to them for their diligence and service! If you don't see them at work, you can always send them a note of thanks!

Though we're only just entering summer, we are already preparing for this year's prestigious *Making A Difference Awards*! Each year, traditionally during autumn, we celebrate a resident from each of the long-term care homes and retirement lodges in the Jarlette Health Services family of communities for their life accomplishments and positive role in their community. We also celebrate at the same ceremony a team member with the *Roberta Jarlette Award* (named in memory of one of our founders) in recognition of their own unique contributions on a daily basis. Ask your home's Administrator/General Manager for more information about these celebrations and about how you can nominate a worthy individual for an award!